

# Self-Determination Workgroup

## Meeting Minutes

### 21 November 2005

Present: Paul Smith, Scott Roudabush, Krissie Summerhays, Kenneth Ekong, Sara Brozovsky, Renee McCarvel, Dustin Erekson, Angie Pinna

Excused: Lori Packard, Chris Christiansen

This meeting was dedicated to determining how to set-up the training and materials.

Ideas that were discussed include:

- Putting the curriculum on the DSPD website with links

- Who administers the training?

  - This group would be doing the Train the Trainer, and it is anticipated would be meeting quarterly to review evaluations of the training, and modifying or updating it as needed after training is implemented.

It was discussed that this training is best practice, not something that is going to be required for providers, although it may be required for Support Coordinators.

Feedback on this is that those who are interested will come; it makes sense to be informed as the philosophy of the satisfaction surveys; the Division values Self-determination and this is a resource. It was also mentioned that Region Directors may use this when working with providers that they are receiving complaints about.

There will be a Train the Trainer with a manual. This training will be 2-days. The possibility of having someone from this team attend the first training each trainer does was discussed. It is important for providers to be able to do this training in house to better accommodate reaching their direct care staff. The training itself, when done, can be two days, with a follow-up day about a month later to review assignments and go over challenges of implementing the philosophy and principles of self-determination. It can also be done with one area at a time. Individually it is anticipated that each area will take approximately 2 hours. There will be an assignment associated with each area. All assignments will come to the state office. Support Coordinators and provider staff can attend the training whether it is done by the Division or by a provider who has completed the train the trainer. People can mix and match areas.

It was determined that it will be best to focus on one area to get started.

The People First group is promoting a Code of Ethics. This may be able to be incorporated into what is being developed, or shared as a hand-out or tool.

Each area will have an assignment associated with it, or online testing. It was indicated that people may not want this sent to their supervisors. Or there may be a pre-test.

The areas were reviewed and some additional things to incorporate were included. The updated chart follows.

Communication	Relationships	Opportunity/ Choice	Respect	Future/ Goals/ Having a life	Community/ Contribution	Rights/ Responsibilities	Health/ Safety/ Risk
How does the person communicate?	Family	Employment	Control	Knowing what’s available and knowing what you want	Volunteer	Money/Financial Fiscal	Allow people to fail with dignity
	Friends	Education	Relationships		Leadership		
What does it mean?	Significant Other	Control	Understand what it means to the person		Part of community	Free from abuse/neglect/exploitation	What issues affect your life
	Staff	Religion		Goals should be meaningful to the person, changeable, and be actively worked towards			Medical
What is their preference for how we communicate with them?	Amount/ Frequency	Money (for experience, life and services budget – keep it flexible)	Privacy (Not all information shared is public)		Roles	Aware and informed	Abuse/neglect/exploitation
	(Programs do not substitute for relationships)	Service Options (for all services, not just state/waivered services)	Self-esteem	Tools and resources to achieve	Social Capital	Accessibility (environmental adaptations)	Individualized risk assessment
Ask people about satisfaction/how do we know if they’re satisfied?	Public (community)	Informed	Empowerment		Meaningful activities		
		Transportation	Honored/ valued/needed	Communication	Amount/ Frequency	Human Rights Committees – People should have the chance to be present	Transportation and street safety
Help with writing	Have opportunities to build	Living arrangements		Barriers	Awareness of options and interests		
		Awareness	Educate staff (Provide them with the information and tools they need.)	Help planning	Individualized	Parent rights	
Talk with people who know the person		Experience				Voting	
		Entertainment			Job		
		Hobbies					
		Looks/appearance					
		How presented/barriers					

Materials were shared from the Center for Outcome Analysis. This group completed an assessment to determine if Self-determination works. Their results indicate that it does. The article where the information was shared was given to everyone along with a copy of the tool they used and the article from the TASH Connections, referring to this study. The tool may have pieces in it that we could use, but we would need to find-out if we could get permission to use any of it first.

Assignments:

ALL – Come prepared with Activities, an Outline or Overview and an evaluation tool for the overview area of Self-determination and Communication.

Thank you to everyone for your time, efforts, ideas and feedback.

Next Meeting **19 December 2005** from **10AM – 12PM**